

COVID-19 EXCEPTIONAL HEALTH SITUATION L'espace virtuel is available from Tuesday to Friday from 2 p.m. to 5.30 p.m.



VIRTUEL

from 02 April 2020 until the end of the exceptional Covid-19 health situation

Proposed by Orspere-Samdarra Mental Health, vulnerabilities, and societies Observatory



For migrants in precarious or isolated situations in the Auvergne-Rhône-Alpes region

L'espace located at l'Autre Soie in Villeurbanne is currently closed until an undetermined date.

During this period, the team offers you a virtual space, available in **english**, **arabic** and **french.**

The objectives of L'espace virtuel are to :
support and maintain social ties and mental health ;
inform people about the exceptional health situation ;
communicate on the resources available to promote well-being during confinement ;
refer, if necessary, to appropriate devices, including mental health consultations

The team offers L'espace virtuel on Zoom from
Tuesday to Friday from 2 p.m. to 5.30p.m. at
this link: <u>https://zoom.us/j/8301532104</u>
(Do not hesitate to contact us for installation)
The team is also available :
• on Facebook : <u>https://www.facebook.com/</u>
espacepsychosocial
 espacepsychosocial by phone : 07.61.07.89.12
 by mail : <u>orspere-samdarra@ch-le-vinatier.fr</u>