



ORSPERE SAMDARRA

Observatoire Santé mentale, Vulnérabilités et Sociétés

Questionnaire for people in precarious and/or isolated situations

You are :

- a man
- a woman
- other

How old are you ?

What is your marital status ?

- Single
- In relationship with
- Divorced
- Widowed
- Other

Whats is your nationality ?

What is the postal code of your accommodation or place of accommodation ?

Are you housed in a collective structure ?

Yes

No

If it's yes, in which one (for example CHR, CADA, CPH...)?

Are you confined in your usual accommodation or place of accommodation?

Yes

No

Other

Do you have a place to go outside during this confinement period (garden, courtyard, balcony, etc.)

Yes

No

How many people do you share your place of accommodation or accommodation with (including yourself)?

Among them, how many children are there?

Did you have a professional activity before the confinement period?

Yes

No

Do you continue this professional activity during confinement ?

Yes in the same way

Yes, but with an other organisation

No

Do you receive allowances?

Yes

No

If it's yes, which one ?

Are you experiencing financial difficulties related to the Covid-19 health crisis?

Yes

No

If it's yes, which one ?

Loss of Job

Loss of allowances

Inability to exercise your activity

Other

If it's « other », which ones :

Before this health crisis, had you ever experienced a period of voluntary or forced isolation?

Yes

No

If it's yes, it was for :

Hospitalization

Prison detention

Detention in Administrative Holding Centre

Social withdrawal

Other

if it's other, please specify:

If it's yes, how long did it last? (Specify the number of days)

If it's yes, does this experience help you to live the current confinement?

Yes

No

COVID-19 AND SOCIAL SUPPORT

What are your main sources of information during the confinement? (Many possible responses)

radio

television

videos on internet (youtube for example)

print media or online print

social media

- website
- friends or neighbors
- professionals or volunteers whom you are linked
- none of the answers

Do you feel sufficiently informed?

- Yes
- No

Do you agree with this containment measure?

- Completely agree
- Fairly agree
- Neither agree nor disagree
- Rather disagree
- Completely disagree

Do you think you respect confinement measures?

- Yes, totally
- Yes, partially
- No
- Don't want to answer

Do you think that the current actions implemented by the government are adapted to your situation?

- Yes
- No
- Don't want to answer

Do you go out of your accommodation or your place of accommodation?

- Several times a day
- Once a day
- Several times a week (but not everyday)
- Once a week
- Never

Have you experienced police or gendarmerie control during an outing?

- Yes
- No

If so, did you receive a fine?

- Yes
- No

Do you think you are at risk of developing a severe form of Covid-19 infection?

- Yes
- No
- Don't know

If it's yes, for which reason?

Did you change the frequency of your contacts with your relatives (friends, family...) during the confinement ?

- Yes, I have more frequent contacts
- Yes, I have less frequent contacts
- No, I have the same frequency of contact

How often do you have social interactions with family or friends who are not confined with you during this confinement period ? (Many possible responses)

By telephone :

- everyday
- several times a week
- once a week
- less than once a week

By text exchange (SMS, Whatsapp):

- everyday
- several times a week
- once a week
- less than once a week

By video exchange:

- everyday
- several times a week
- once a week
- less than once a week

Through social media (Facebook, Instagram, etc.):

- everyday
- several times a week
- once a week
- less than once a week

I'm going out and meeting them as usual and trying to be discreet so as not to be controlled:

- everyday
- several times a week

once a week

less than once a week

I'm going out and meeting them as usual without any special precautions:

everyday

several times a week

once a week

less than once a week

Do you feel alone or isolated?

Yes

No

Don't want to answer

If it's yes

As usual

More than usual

Do you think you have enough support and accompaniment during this period of confinement?

Yes

No

Don't want to answer

If it's yes, it's :

Less than usual

As usual

More than usual

Do you think this period of confinement will have a negative impact on your future?

Very probably

Probably

Probably not

Certainly not

I don't know

If you think there are going to be impacts, you think they will be: (Multiple answers possible)

Economic

On your physical health

On your relationships

On your mental health

Other

If it's « other », please specify :

What seems more complicated to manage during this confinement?

COVID-19 ET HEALTH

Have you ever been followed for mental health or psychological difficulties or disorders?

Yes, currently in follow-up

Yes, formerly in follow-up

No, never

If you are currently in follow-up, do you have:

- an appointment with the psychologist or psychiatrist at his office or at the center
- an appointment by phone or "video"
- No appointment during the confinement period

During confinement, do you have difficulty: (multiple answers possible)

- to sleep well
- to have medical follow-up
- to eat
- to consume alcohol or tobacco if necessary
- to find and consume psychoactive products (cannabis,...) if necessary
- no particular difficulty
- other

If it's « other », please specify :

**Since the beginning of the confinement, have you felt, periodically or continuously:
(Several answers possible)**

- More worry than usual
- insecure when you are at home
- insecure when you are outside
- More sadness than usual
- More tired than usual
- More weariness than usual

- More difficulty in controlling your consumption (food, alcohol, tobacco, etc.)
- More difficulty concentrating than usual
- More difficulty finding occupations than usual
- Less desire to do things than usual
- None of these events

What helps you to endure confinement? (Many possible responses)

- exchange with relatives
- watch TV , listen radio
- Alcohol consumption
- the hope of another society
- tobacco consumption
- psychoactives substances consumption
- medication consumption
- religion
- the feeling of being useful
- other

If it's « other », please specify :

What do you hope for when the containment ends?

Would you be available and interested in an interview (by telephone or videoconference) for a study on communication during confinement? If yes, please leave a contact: